



## Prescription Drug and Pain Management

### Summary

- Users practice every aspect of pain management for Tom Kramer, a new patient, including developing a collaborative relationship, screening for abuse, appropriately requesting urine drug screenings, establishing a patient agreement, setting treatment goals, and denying a refill based on indicators of abuse.
- Intended for healthcare providers who have the ability to prescribe opioid medications.
- The training system includes interactive e-learning and three practice scenarios: an initial screening visit, a follow-up appointment with a low-risk patient, and a follow-up appointment with a high-risk patient.
- Users receive ongoing feedback and a post-conversation analysis after each patient interaction.
- Created in partnership with Dr. Michael Fleming and experts from Northwestern University and the University of Wisconsin-Madison.

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### Scenario

- Users assume the role of a healthcare professional working with Tom Kramer, who is currently using oxycodone prescribed by his former physician to manage chronic back pain. Users can practice three scenarios:
  - **Initial Screening Visit**
    - Tom can be low-risk, moderate-risk, high-risk, or scamming medication.
    - Topics Include:
      - Medication history
      - Family and mental health history
      - Aberrant behaviors
      - Urine drug screen and prior medical records
      - Providing or denying refill
  - **Follow-up with Low-Risk Patient**
    - Tom can be easy-going, numb to the process, or easily frustrated.
    - Topics Include:
      - Side effects of medication
      - Treatment goals
      - Agreement requirements, e.g., one doctor, one pharmacy, no early refills, continued drug screenings
      - Providing prescription
  - **Follow-up with High-Risk Patient**
    - Tom can be cooperative, manipulative, or volatile.
    - Topics Include:
      - Results of drug screening
      - High-risk behaviors
      - Denying prescription
      - Managing withdrawal
      - Continuing care

### Learning Objectives

After achieving mastery through repeated conversations, the user will be able to:

- Accurately assess a patient's risk level for abusing opioid medications
- Effectively request, order, and evaluate a urine drug screening
- Collaboratively design a patient agreement for safe use of opioid medications
- Appropriately refuse an opioid prescription to a high-risk patient



### Seat Time

- Approximately 5 hours of e-learning material, including the following:
    - Risk-level profiles, screening tools, example patient agreements, options for managing withdrawal, and resources by state.
  - Simulated conversations last 20-25 minutes.
  - Average user will require 20-25 hours to achieve mastery of the learning objectives, but can learn the basics in a few hours.
- NOTE: Figure does not account for longer-term "refresher" sessions, which will vary by user.